

| Presentation Title | Place in Schedule |
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| Findings from CDC's Workplace Health in America Survey | Plenary Session 2 <i>Day 2 – Wednesday</i> <i>May 9th, 2018</i> <i>11:00 – 11:30am</i> |
| Description of Presentation | Presenter Name(s) And Credentials |
| <p>This session will present the background and key findings of the Centers for Disease Control and Prevention’s (CDC) Workplace Health in America (WHA) Survey. The WHA Survey was designed to document the evidenced-based and best practice strategies and interventions that comprise a comprehensive workplace health program from a nationally representative sample of employers of all sizes. We will set the stage by describing the objectives of the survey and how it differs from other workplace health surveys conducted in the past decade. Presenters will discuss the inclusive WHA survey instrument development process and the data collection methods.</p> <p>We will present descriptive and model-based results from the 2,843 participating worksites, stratified by size, sector, and region. Results will include the proportion of worksites offering a comprehensive health promotion program; offering any type of health promotion program; offering specific types of health promotion programs; offering employee assistance programs, and offering health screenings and disease management programs. We will present trends over time by comparing WHA results with other national employer surveys.</p> <p>The session will provide a unique understanding of how workplaces are promoting well-being by clarifying who provides health promotion services, how programs are staffed, employee engagement in health and safety committees, senior and middle management support, use of data to plan and evaluate programs, and barriers to implementation. We will describe the technical</p> | Jason Lang, MPH, MS <i>Centers for Disease Control and Prevention</i> |
| | Laura Linnan, ScD <i>University of North Carolina School of Global Public Health</i> |
| | Laurie Cluff, PhD <i>RTI International</i> |

assistance needs employers indicated would be most useful for promoting employee health and safety. We will highlight results from the occupational safety and health sections addressing Total Worker Health including coordination of occupational safety and health promotion across departments; collaboration between employees and management; and integrated efforts to protect health and promote well-being. The results will also cover how employers of different sizes are supporting work-life integration through policies and programs.

The session will present findings aligned with the workplace risks and health outcomes conference theme, including:

- The extent to which employers of different sizes are addressing healthy sleep and fatigue, through programs and specific evidence-based strategies.
- The percentage of employers of different sizes addressing musculoskeletal disorders, arthritis or back pain.
- The percentage of employers of different sizes addressing mental health, including stress, depression and alcohol and drugs, through programs and specific evidence-based strategies.
- The percentage of employers of different sizes providing training to prevent bullying and violence.

The presenters will provide an overview of how the data will be shared and dissemination products planned and underway.

Note. Data collection ended in September 2017 and final weighted estimates are not available at the time of abstract submission.