## DAY 1 – TUESDAY - MAY 8, 2018

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 am</td>
<td>Arrival and Registration (Please allow time for Security Check In) Lobby</td>
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<tr>
<td>8:30 am – 12:00 pm</td>
<td>PRE-SYMPOSIUM WORKSHOPS Concurrent – Choose One</td>
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<tr>
<td>11:00 am – 2:15 pm</td>
<td>The HealthiestNIOSH Experience: The Essential Roadmap to Developing Your Own Total Worker Health® Program – Room E1</td>
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<td>Meeting the Challenge of Engagement in Participatory Total Worker Health® Initiatives – Room E2</td>
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<td>Productive Aging and Work: A Framework for Creating an Age-Friendly Workplace – Room F1</td>
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<td>Engaging Small and Mid-Sized Enterprises to Apply Total Worker Health® Approaches through a Community-based Program – Room F2</td>
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<td>11:00 am – 2:30 pm</td>
<td>Lunch Break 12:00 – 1:00 pm</td>
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<td>12:00 - 1:30 pm</td>
<td>Quick Fit Check Health and Well-being Activity (first come, first served) Conference Room B</td>
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<tr>
<td>1:00 – 3:10 pm</td>
<td>OPENING SESSION</td>
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<tr>
<td>1:00 pm</td>
<td>WELCOME AND OPENING REMARKS</td>
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<tr>
<td>1:30 – 3:10 pm</td>
<td>OPENING SESSION KEYNOTE SERIES</td>
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<tr>
<td>1:30 – 2:00 pm</td>
<td>The International Reach of Total Worker Health® - Professor Dame Carol Black, DBE, FRCP, FMedSci</td>
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<td>2:05 – 2:35 pm</td>
<td>Blue Zones: Exploring Secrets of a Long Life - Tony Buettner</td>
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<td>3:20 – 3:45 pm</td>
<td>Tabata Training Health and Well-being Activity Conference Room B</td>
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<td>3:45 – 5:30 pm</td>
<td>PLENARY SESSION</td>
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<td>3:45 pm</td>
<td>TWH Intervention Strategies: What Works for the Centers of Excellence? W. Kent Anger, PhD, Oregon Health &amp; Science University – Moderator; Features Directors from All 6 NIOSH Centers of Excellence for Total Worker Health®</td>
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<tr>
<td>5:30 pm</td>
<td>Conclusion - Day One</td>
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</table>
Arrival and Registration 7:30 am (Please allow time for Security Check In) Lobby

8:00 – 8:30 am Vinyasa Yoga Health and Well-being Activity Conference Room A

POSTER SESSION 8:00 – 9:30 am (posters available for viewing the entire day) Balcony Atrium

9:00 – 9:30 am Morning Refreshment break & Total Body Blast Health and Well-being Activity Conference Room A

PLENARY SESSION II 9:30 – 11:30 am Session Chair: Jeannie Nigam Auditorium

9:30 – 10:00 am WEDNESDAY KEYNOTE - Worker Well-being and High Performance Workplaces: Two Sides of the Same Coin - Kimberly Jinnett, PhD

10:00 – 10:30 am An Introduction to NIOSH’s Healthy Work Design and Well-being Research

10:30 – 11:00 am What Can We Learn about Total Worker Health® from National Worker Surveys

11:00 – 11:30 am Findings from CDC’s Workplace Health in America Survey

11:00 am – 2:15 pm - Health and Well-being Activities Offered Throughout Midday

11:00 – 2:15 Seated Massages (first come, first served) Conference Room A

11:45 – 12:15 Well-being Heart Walk Meet at Registration table

11:45 – 12:15 Line Dancing (TBD)

12:00 – 1:30 Quick Fit Check (first come, first served) Conference Room B

Lunch Break 11:30 am – 1:00 pm

11:45 am – 12:45 pm Chat ‘n Chew (Optional Lunchtime Tutorials - Concurrent Sessions - Choose 1)

Global Partnerships in Total Worker Health: Lessons Emerging from Guatemala, Chile, and India – Room E1/E2

2017 Key Findings from the Work-Life Survey of the Federal Workforce – Room C1/C2

CONCURRENT SESSIONS 1:00 - 5:15 pm

1:00 – 2:15pm Concurrent Session 1

1.1 Total Worker Health® Strategies for Preventing Acute and Chronic Diseases - Auditorium

1.2 Workers’ Challenges and Solutions in Transportation - Balcony A

1.3 Total Worker Health® and Healthy Aging in the Workplace – Balcony B

1.4 Exploring Workplace and Policy Landscapes – Balcony C

1.5 Novel Approaches in Fatigue Management - Room E1/E2

1.6 Approaches for Total Worker Health® Implementation and Translation - Room F1/F2
2:15 – 2:30 pm Gentle Stretch Health and Well-being Break and Activity   Conference Room B

2:30 – 3:45 pm Concurrent Session 2

2.1 Strategies for Returning to Work - Auditorium
2.2 Issues in Mental Health and Stress in the Workplace – Balcony A
2.3 Intergenerational Perspectives – Balcony B
2.4 Small Businesses, Big Impact I – Balcony C
2.5 Healthy Workplace Programs – Room E1/E2
2.6 Strategies for Opioid and other Substance Abuse Programs – Room F1/F2

3:45 – 4:00 pm Desk Exercise or Occupational Exercise Health and Well-being Break and Activity   Conference Room B

4:00 – 5:15 Concurrent Session 3

3.1 Workforce Development Panel: Lessons Learned and Next Steps - Auditorium
3.2 Total Worker Health® Approaches in Agricultural Communities – Balcony A
3.3 Addressing First Responder and Firefighter Safety, Health, and Well-Being – Balcony B
3.4 People and Places: The Built Environment’s Influence – Balcony C
3.5 Implementing Total Worker Health® in the Workers’ Compensation Setting – Room E1/E2
3.6 Case Studies in Manufacturing Settings – Room F1/F2

5:15 pm Conclusion - Day Two

DAY 3 – THURSDAY- MAY 10, 2018

Arrival and Registration 7:30 am (Please allow time for Security Check In) Lobby

7:30 – 8:30 am PiYo Live Health and Well-being Activity Offered for Those Arriving Early Conference Room A

PLENARY SESSION III 8:30 - 10:00 am Session Chair: Paul Schulte Auditorium

8:30 – 9:00 am - An Expanded Focus for Occupational Safety and Health
9:00 – 9:30 am Workplace Health Promotion: Negotiating the Ethical Tightrope
9:30 – 10:00 am – THURSDAY KEYNOTE - What Science Can Tell Us about Living Well: Lessons from an 80-Year Longitudinal Study - Robert Waldinger, MD

10:00 – 10:30 am – Mat Pilates Health & Well-being Break and Activity Conference Room A

PLENARY SESSION IV 10:30 am – 12:00 pm Session Chair: Steve Sauter Auditorium

10:30 am – 12:00 pm Session Chair: Steve Sauter Auditorium
10:30 – 11:15 am Partnering into Practice: Research Practice Partnerships for Total Worker Health®
11:15 am – 12:00 pm Applying Total Worker Health® Approaches in the Dynamic Construction Industry
11:00 am – 2:15 pm Health and Well-being Activities Offered Throughout the Midday
Lunch Break 12:15 – 1:15 pm

Well-being Campaign - INTERNATIONAL SOCIAL SECURITY ASSOCIATION – ISSA 1:15 – 5:30 pm - Auditorium
Session organized by the ISSA Special Commission on Prevention and the ISSA Secretariat (Concurrent Sessions 4.1, 5.1, and 6.1)

Part 1: ISSA Vision Zero Campaign Launch for North America
1:15 – 1:25 pm NIOSH Welcome Address
1:25 – 1:35 Welcome Address: Vision Zero in a changing world of work - International Social Security Association (ISSA President)
1:35 – 1:40 Introduction of ISSA and its Special Commission on Prevention
1:40 – 1:55 Launch of the North American Vision Zero campaign
1:55 – 2:05 Presenting Vision Zero certificates

Part 2: Vision Zero Companies and Partner
2:05 – 3:05 Impulse Presentations and Panel Discussion
3:05 – 3:35 Coffee Break

Part 3: Vision Zero Partners
3:35 – 4:50 Vision Zero Partner Presentations and Panel Discussion

Part 4: German and US Experiences: Vision Zero and its 7 Golden Rules in Practice
4:50 – 5:15 German and US Experiences: Vision Zero and its 7 Golden Rules in Practice

Part 5: Closing
5:15 – 5:30 (end) Moving forward – Closing statement

CONCURRENT SESSIONS 1:15 – 5:30 pm (CHOOSE 1 OFFERING FROM EACH SESSION)

1:15 – 2:30 pm Concurrent Session 4
4.2 Healthier Federal Workers - Balcony A
4.3 Integrating Total Worker Health® Practices into Healthcare Settings – Balcony B
4.4 Integrated Approaches to Prevention - Balcony C
4.5 Small Businesses, Big Impact II - Room E1/E2
4.6 Applying New Data Sources and Metrics to Assess the Relationship between Work and Health - Room F1/F2

Health and Well-being Break and Activity 2:30 – 3:00 pm
2:45 – 4:00 pm Concurrent Session 5
5.2 Methods for Total Worker Health® Research - Balcony A
5.3 Workforce Health is Population Health – Balcony B
5.4 Health and Well-being Challenges and Interventions for Correctional Workers - Balcony C
5.5 Community Integration and Collaborations with Health Departments - Room E1/E2

Health and Well-being Break 4:00 – 4:15 pm
4:15 – 5:30 pm Concurrent Session 6
6.2 Preventing Violence in the Healthcare Setting - Balcony A
6.3 Strategies for Healthier Work – Balcony B
6.4 Practical Applications of Total Worker Health® - Balcony C
6.5 Novel Total Worker Health® Measurement Strategies - Room E1/E2

5:30 pm Conclusion - Day Three
DAY 4 – FRIDAY - MAY 11, 2018

8:00 am  Arrival and Healthy Activities  (Please allow time for Security Check In)  Lobby

8:00 – 9:00 am  Health and Well-being Activity Offered for Those Arriving Early

PLENARY SESSION V 9:00 am – 12:00 pm  Session Chair:  Chia-Chia Chang  Auditorium

  9:00 – 10:00 am  Spotlight on the Total Worker Health® Affiliates Network

  10:00 – 10:45 am  Mental Health in the Workplace: A Call to Action

  10:45 – 11:30 am  Total Worker Health® at Dow Chemical: Innovations to Optimize Worker Health

  11:30 am – 12:00 pm  “Working on Empty”: A Documentary Film Screening and an Introduction to the Healthy Work Campaign

Total Worker Health 2018 SPECIAL RECOGNITION CEREMONY 12:00 – 12:15 pm  Auditorium

CLOSING REMARKS AND A CALL TO ACTION 12:15 pm

  12:30 pm  Conclusion of the 2018 2nd International Symposium to Advance Total Worker Health®