

Presentation Title	Place in Schedule
Mental Health in the Workplace: A Call to Action	Plenary Session 5 <i>Day 4 – Friday</i> <i>May 11th, 2018</i> <i>10:30-11:00am</i>
Description of Presentation	Presenter Name(s) And Credentials
<p>This session will offer both a scientific and humanistic rationale for better addressing the often-neglected topic of mental health in the workplace. In addition to underscoring the problem of mental illness, the panelists will discuss how to go about establishing healthy company cultures that prevent work-related stress and support the identification and treatment of mental illness. Building cultures of health at the workplace should protect and promote health and safety, enhance performance, and reduce socially harmful behaviors. Establishing a culture of health and well-being at work creates an environment where employees feel valued, supported, and stimulated to perform at their best in work they find meaningful. The panel will also review ideas for specific projects that emerged from the Symposium: 1) develop a mental health in the workplace “how to” guide, 2) develop a mental health in the workplace scorecard, 3) develop a mental health in the workplace recognition program, and 4) partner with a business school to establish an executive training program focused on mental health in the workplace. Mental health and well-being at the workplace are attainable if employers follow best- and promising-practices, but there is a critical need for a centralized, concerted effort to build the evidence base, maintain information on best practices, and effectively disseminate and implement policies and practices that connects academic, government, business, and professional institutions.</p>	<p>Ron Goetzel, PhD <i>Johns Hopkins University</i></p>