

Presentation Title	Place in Schedule
Dissemination of Total Worker Health® Strategies to Employers: Addressing Employee Health in the 21st Century	Concurrent Session 4.5 <i>Day 3 – Thursday May 10th, 2018 1:15 – 2:30pm</i>
Description of Presentation	Presenter Name(s) And Credentials
<p>Although the Total Worker Health® (TWH) Program has been in place since 2011, awareness of the TWH model and benefits of an integrated approach to employee health remains low among employers. Challenges to widespread awareness include the limited availability of resources to assist employers in determining areas of opportunity and impact, as well as a lack of “off-the-shelf” dissemination tools that can be easily utilized by employers (Anger et al., 2015). With the support of the Healthier Workforce Center of the Midwest, the St. Louis Area Business Health Coalition embarked on a pilot project to increase awareness of the TWH Program, understanding of TWH history and promising best practices, and recognition of opportunities to address TWH topics in the 21st century workplace among employers in St. Louis, Missouri. A key outcome of this project was the creation of a new employer-focused TWH tool to support organizations in recognizing psychosocial and physical risks that threaten the well-being of employees and to provide resources to address these factors through organizational culture, policy, and environmental changes. In addition to addressing modern safety and occupational hazards, the tool explores other missing pieces to the employee well-being puzzle, including autonomy and decisionmaking on the job; social and team relationships in the workplace; professional development, rewards, and recognition; and the connection between the indoor environment and health. Debuted to an audience of nearly 150 human resource, benefit, wellness, and safety professionals in May 2017 and disseminated through a variety of communication channels, the tool’s reach has included individuals in 35 states</p>	<p>Lauren Schulte, MPH, CHES <i>St. Louis Area Business Health Coalition</i></p>

across the nation. This presentation will provide an overview of the guide's development, content, and dissemination, as well as initial employer reactions to TWH topics addressed. The presentation will close with a discussion of helpful strategies for increasing employer awareness and adoption of TWH research and tools moving forward.