

Presentation Title	Place in Schedule
<p>AUVAfit: A strategy from AUVA in order to prevent work-related musculoskeletal disorders</p>	<p>Concurrent Session 1.1  <i>Day 2 – Wednesday</i>  <i>May 9<sup>th</sup>, 2018</i>  <i>1:00 – 2:15pm</i></p>
Description of Presentation	Presenter Name(s) And Credentials
<p>In Austria, 22.3 % of all employees' sick leave days are caused by musculoskeletal disorders. Especially persons between 50 and 64 years are affected by this problem. As a precaution measure against musculoskeletal disorders, it is important to take seriously the occupational health and safety of the employees and to set preventive measures.</p> <p>AUVA (Allgemeine Unfallversicherungsanstalt - the Austrian Workers' Compensation Board) is the social insurance for occupational risks for more than 3.3 million employees and 1.4 million pupils and students. Its legal duties are: occupational medical care, first aid for occupational accidents, post traumatic treatment, rehabilitation, financial compensation and research. But the most important duty is the prevention of occupational accidents and diseases.</p> <p>As part of its prevention framework, the AUVA is offering a programme, called AUVAfit, to obviate the musculoskeletal disorders. Under the slogan "Analyze – Optimize – and receive the benefits", AUVAfit supports companies in different lines of business to help to reduce occupational hazards the employees are exposed to.</p> <p>AUVAfit consists of the modules: "Ergonomics" and "Occupational Psychology". Both modules can be booked separately or in combination. Companies, where the majority of the employees have been insured by "AUVA", and comply with the industrial safety standards can take advantage of this programme.</p> <p>As part of a business visit, focal points are defined and a variety of different work places are analysed and rated. In the field of Ergonomics the first basic screening is carried out with the help of the "Ergo-Check"-Tool. If it is necessary to make a special analysis, then further tools are used. Following this survey and rating, the AUVAfit team, along with the company, tries to find measurements to improve the</p>	<p>Julia Lebersorg-Likar  <i>Austrian Workers' Compensation Board</i></p>

work places according to ergonomical guidelines. The effect is a possible reduction of the negative strains that could result in musculoskeletal disorders. Each company gets its own tailor-made concept to optimize the quality of its workplaces. All the suggestions, based on the measurement are rated according the "TOP" concept (Technical before Organizational before Personal measurements). AUVAFit is an active project which benefits from practical and professional exchange. At the Second International Symposium to Advance Total Worker Health, we want to offer an overview of the prevention programme and to present the ergonomic module of AUVAFit. According to the already implemented actions and practical experiences, we would like to show how companies benefit from this programme.