

Presentation Title	Place in Schedule
<p>A model for positioning the integrated work and health approach in companies: Mutual de Seguridad Experience</p>	<p>Concurrent Session 3.5  <i>Day 2 – Wednesday</i>  <i>May 9<sup>th</sup>, 2018</i>  <i>4:00-5:15pm</i></p>
Description of Presentation	Presenter Name(s) And Credentials
<p>Chile is facing the challenge of the demographic change and the epidemiological transition. This trend is reaffirmed with the results of the National Health Survey 2009-2010, which shows a high prevalence of cardiovascular risk factors and mental health in our population. We can observe that the prevalence of sedentary lifestyle reaches 88.6%, excess weight 66.7% and smoking 40.6%, all factors that increase the risk of cardiovascular disease, the latter being the main cause of mortality in the country.</p> <p>Abundant evidence shows the high prevalence that these problems have in workers and the negative impact they have on work dynamics, resulting in: high demand for health services, subproductivity, absenteeism, accident rate and failure to meet organizational objectives.</p> <p>Mutual de Seguridad, as a nonprofit company part of the social security of Chile, developed a model to position the integrated worker health and safety approach with their insured companies and workers. We began our path through small interventions in companies, self-learning, search for strategic partners, internal advocacy, which generated us learnings that today are solidified in 6 intervention lines: Applied Research, Implementation of Integrated Programs, Training for workers and executives, Dissemination to technical and non-technical public, Strategic collaboration with stakeholders, Development of products and services. Each of those lines has components that dynamically interact to generate knowledge that serves to finally improve working conditions in our companies.</p> <p>We strongly believe in the need to install integrated approaches to address the dynamic context of Occupational Safety and Health, in a way that is interesting for workers and management, because we know that every change of mindset needs collaboration and compromise of each of the actors.</p>	<p>Ivan Silva, MD  Mutual de Seguridad</p>

